ROAD TRIP · COSTA RICA

Adventure in 10 days

Rafting on the Pacuare, canyoning and ziplines at Arenal, Monteverde's longest zipline and a catamaran at Manuel Antonio.

Length	10 days, 9 nights
Distance	740 km, 5 driving days
Behind the wheel	15 h 40 min
Travellers	2, 1 room, 1 car
Hotels	Comfort: a good hotel (3 stars)
Flights	Amsterdam – San José (SJO), San José (SJO) – Amsterdam

CONTENTS

Turrialba	Days 1–2	**6**
La Fortuna	Days 3–5	**8**
Monteverde	Days 6–7	**10**
Manuel Antonio	Days 8–9	**12**

Day by day

DAY	DATE	NIGHT	KM	DRIVE	°C
1		Turrialba	80	1 h 40 min	
2		Turrialba			
3		La Fortuna	200	4 h	
4		La Fortuna			
5		La Fortuna			
6		Monteverde	110	2 h 40 min	
7		Monteverde			
8		Manuel Antonio	190	4 h 10 min	
9		Manuel Antonio			
10		Flight home from SJO	160	3 h 10 min	

740 km · 15 h 40 min behind the wheel · on average 150 km a driving day

Kilometres and drive times by road (OSRM, OpenStreetMap), without stops: plan generously.

The route



Map: Natural Earth (public domain) · roads © OpenStreetMap contributors

ON THE ROAD

Day 1	Land at San José (SJO), drive to Turrialba · About 80 km, 1 h 40 min
Day 3	Turrialba, drive to La Fortuna · About 200 km, 4 h
Day 6	La Fortuna, drive to Monteverde · About 110 km, 2 h 40 min
Day 8	Monteverde, drive to Manuel Antonio · About 190 km, 4 h 10 min
Day 10	Manuel Antonio to San José airport (SJO), fly home to Amsterdam · About 160 km, 3 h 10 min

Well prepared

Passport and entry

Dutch and Belgian travellers need no visa for a holiday of up to 180 days. Your passport must be valid for the whole trip on arrival, and you show a return ticket at immigration. There is no ESTA or form beforehand; the departure tax is included in your air fare.
nederlandwereldwijd.nl/reisadvies/costa-rica

Driving licence and 4x4

Your Dutch or Belgian driving licence is valid for 90 days. For Monteverde, Santa Teresa, Drake Bay and the Nicoya coast road you want a 4x4: dirt roads, potholes and in the green season rivers to drive through. The compulsory liability insurance (SLI/TPL) is always bought from the rental company, even if your credit card gives cover.

On the road

Count on 40 to 50 km an hour on average: mountain roads, lorries and villages. Don't drive after dark; it is dark by six, all year round. Waze knows every road and warns of closures. Never leave anything visible in the car, not even for a moment.

Money

The currency is the colón, but almost everywhere takes dollars and credit cards. Bring a few small dollar notes for tips and parking. Restaurants add 10% service to the bill; an extra tip for a good nature guide (about $10 a person) is customary.

When to go

The dry season runs from December to April: sunny on the Pacific side and in Guanacaste. May to November is the green season, with sunny mornings and afternoon showers, quieter and cheaper; September and October are the wettest months, except on the Caribbean coast, where they are the driest.

Parks and entry fees

The national parks cost foreigners about $12 to $18 a person a day. For Manuel Antonio, Poás, Irazú and Corcovado you buy your ticket online beforehand from SINAC; Manuel Antonio is closed on Mondays.
serviciosenlinea.sinac.go.cr

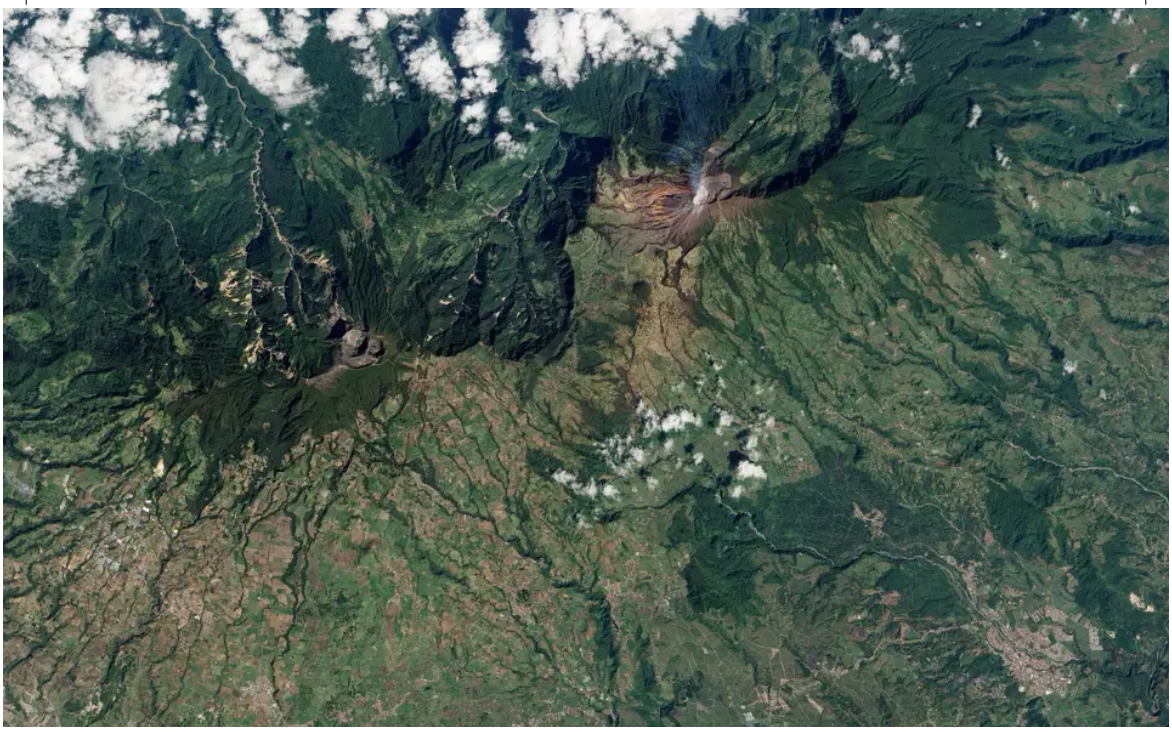
Health

No vaccinations are required when you come from Europe. Protect yourself against mosquitoes (dengue), especially on the Caribbean coast. Tap water is drinkable in most places; ask in remote areas.

Packing list

- [ ] Passport (valid for the whole trip)
- [ ] Driving licence and credit card in the driver's name
- [ ] Travel and cancellation insurance
- [ ] Confirmations: flights, car, hotels, park tickets
- [ ] Rain jacket or poncho, even in the dry season
- [ ] Walking shoes that may get wet
- [ ] Insect repellent with DEET
- [ ] Reef-safe sunscreen
- [ ] Binoculars for birds and sloths
- [ ] A jumper for Monteverde and the volcanoes
- [ ] Plug adapter for type A/B (120 volts)

DON'T FORGET



DAYS 1–2

Turrialba Cartago

Rafting on the Pacuare

Land at San José (SJO), drive to Turrialba: about 80 km, 1 h 40 min

2 nights

DON'T MISS

- The Pacuare gorge
- Guayabo, the ancient city
- Coffee farms around Turrialba

With an extra night

With an extra night: Guayabo, or a two-day raft with a night at a river lodge.

EXCURSIONS

- [ ] Pacuare river rafting — roughly €100 a person
- [ ] Guayabo with a guide — roughly €30 a person

HOTEL

- [ ] Cabaña La Montaña: Vistas increíbles y Mirador · 3★
  Quinta el Cinco, Verbena Sur
- [ ] Bella Vista Guest house · 3★
  Sitio Mata- San Rafael
- [ ] Cabaña El Ciprés: Vistas increíbles y Mirador · 3★
  Quinta el Cinco, Verbena Sur
- [ ] Guayabo Lodge · 3★
  Turrialba
- [ ] Cabaña El Manzano: Vistas increíbles y Mirador · 3★
  Verbena Sur

NOTES



DAYS 3–5

La Fortuna Alajuela

The cone of Arenal volcano

Turrialba, drive to La Fortuna: about 200 km, 4 h

3 nights

DON'T MISS

- Lava trails in Arenal National Park
- La Fortuna waterfall
- Hanging bridges through the rainforest
- Hot springs at the foot of the volcano

With an extra night

With an extra night: canyoning or rafting on the Balsa, or a day along Lake Arenal.

EXCURSIONS

- [ ] Arenal hanging bridges guided tour — roughly €60 a person
- [ ] Tabacón hot springs — roughly €90 a person
- [ ] Zipline over the rainforest — roughly €80 a person

HOTEL

- [ ] Alojamientos N&S · 3★
  La Fortuna de San Carlos
- [ ] Cabañas Litos · 3★
  Av. 331
- [ ] Jarabacoa Family Hostel · 3★
  san isidro de peñas blancas
- [ ] Natural Green Lodge · 3★
- [ ] Fortuna Retreat · 3★
  C. Don Vital Castro

NOTES



DAYS 6–7

Monteverde Puntarenas

Walking in the cloud forest

La Fortuna, drive to Monteverde: about 110 km, 2 h 40 min

2 nights

DON'T MISS

- Monteverde Cloud Forest Reserve
- Hanging bridges through the canopy
- Hummingbirds at the Hummingbird Café

With an extra night

With an extra night: the Santa Elena reserve, or a coffee and chocolate tour.

EXCURSIONS

- ☐ Cloud forest with a nature guide — roughly €50 a person
- ☐ Cloud forest night walk — roughly €30 a person
- ☐ Monteverde zipline — roughly €80 a person

HOTEL

- ☐ El Nido Lodge · 3★
  50m este de gasolinera 606
- ☐ ÉWA Homes Monteverde · 3★
- ☐ Finca Aquarius · 3★
- ☐ The Green Tree Lodge · 3★
  60109
- ☐ Villa Golondrina · 3★
  Calle los Leitón

NOTES



DAYS 8–9

Manuel Antonio Puntarenas

Sloths and monkeys above white bays

Monteverde, drive to Manuel Antonio: about 190 km, 4 h 10 min

2 nights

DON'T MISS

- Manuel Antonio National Park
- Espadilla beach
- Sunset over the Pacific

With an extra night

With an extra night: a catamaran along the coast, or kayaking in the Damas mangroves.

EXCURSIONS

- ☐ Manuel Antonio with a nature guide — roughly €60 a person
- ☐ Catamaran cruise with snorkelling — roughly €90 a person
- ☐ Mangrove kayak tour — roughly €70 a person

HOTEL

- ☐ Apto Cielo Azul · 3★
  Playa Manuel Antonio, 100 metro oeste entrada Parque Nacional
- ☐ Hotel Playa Espadilla · 3★
  Manuel Antonio 200 metros oeste del Parque Nacional
- ☐ Mango Moon Villa · 3★
  200 Oeste del Hotel La Mariposa
- ☐ Hotel Planeta Sano · 3★
  Hotel California Road
- ☐ Natural Pacific Suites, private family rooms · 3★
  https://goo.gl/maps/15WX22dzy1m2DbFbA

NOTES

What it costs

DAY	PLACE	HOTEL	TOURS	CAR	TOTAL
1	Turrialba	€100	–	€70	**€170**
2	Turrialba	€100	–	€70	**€170**
3	La Fortuna	€130	–	€70	**€200**
4	La Fortuna	€130	–	€70	**€200**
5	La Fortuna	€130	–	€70	**€200**
6	Monteverde	€110	–	€70	**€180**
7	Monteverde	€110	–	€70	**€180**
8	Manuel Antonio	€160	–	€70	**€230**
9	Manuel Antonio	€160	–	€70	**€230**
10	Flight home from SJO	–	–	€70	**€70**

Flights	€1,800
Hotels	€1,130
Excursions	€0
Car hire	€650
Total	**€3,580**
	€1,790 a person

An estimate to plan with (prices of 2026-10): hotels, the ticked excursions, car hire and flights. No fuel or meals.

Notes

Notes

Notes

Notes

Notes

Notes

Notes

About this booklet

Made on rondreis.expert. Your trip is still there, to change and print again: costa-rica.rondreis.expert/en/tours/adventure/

PHOTOS

From Wikimedia Commons, all free of rights (public domain or CC0).

Turrialba	Costa Rica (14214278247).jpg · NASA Goddard Space Flight Center from Greenbelt, MD, USA, Public domain
La Fortuna	nature/la-fortuna-waterfall_01_l.jpg · Press photo
Monteverde	nature/group-birdwatching-closeup-curi-cancha-reserve-monteverde.jpg.webp · Press photo
Manuel Antonio	landscapes/manuel-antonio-national-park_03_l.jpg · Press photo

MAP AND TYPE

Map: US Census Bureau (public domain), roads © OpenStreetMap contributors (ODbL). Type: Playfair Display and Inter (SIL Open Font License).